

# Access free COPE Accredited CE courses any place, anytime

Together, we share the same mission of improving patients' health through quality vision care. We provide a series of free COPE Accredited CE courses to support that mission and your focus on caring for patients.

Explore these courses available in our training library at [marchvisioncare.com](https://marchvisioncare.com):



## **The Role of Optometry in the Management of Diabetes\* (1 credit)**

Optometrists have unique skills that can assist in the management of vision loss and can help improve outcomes for diabetes patients. This course helps provide the fundamental elements that you should consider in redirecting the care they provide and assuming a more aggressive role in the care of people with diabetes.



## **Advancing Health Equity\* (3.5 credits)**

This course provides an overview of the fundamentals of health equity and ways that health care professionals can apply the knowledge, skills and attitude to tailor health care delivery to all.



## **Caring for the LGBTQ+ Community: An Introduction\* (1.5 credits)**

This course raises awareness of the identities and experiences of the LGBTQ+ community. You will discover ways to address the unique health-related disparities affecting the community and create environments in which LGBTQ+ individuals can feel validated, safe and welcome in your practice.



## **Across the Sexual Orientation and Gender Identity Spectrum: A Call to Action\* (1 credit)**

LGBTQ+ people can feel marginalized and often stigmatized in health care settings. This course provides you with increased awareness surrounding issues so that communication with LGBTQ+ people is respectful and sensitive. It reviews how patient-provider interactions can be more supportive of the individual's needs, how to take a full history and perform an inclusive and affirming physical exam, and how health information can be thoughtfully documented to provide accurate information regarding health issues, screening recommendations and risk prevention.



More free COPE Accredited CE courses are in development and will be available soon. Continue to check our expanding [course library at marchvisioncare.com](https://marchvisioncare.com)

\*You will have to create a free account with OptumHealth to start these educational modules and claim the credits. If you need help, please follow the [instructions](#) or reach out to [moreinfo@optumhealtheducation.com](mailto:moreinfo@optumhealtheducation.com).



### **Providing Quality Care for Adults with Intellectual and Developmental Disabilities\* (2 credits)**

This course provides learners with an overview of clinical considerations in adults with intellectual and developmental disabilities (IDD). Discover improved communication skills and practices that can better guide treatment choices to address the specific needs of these individuals.



### **Review of Risk Factors in the Identification of Primary Open Angle Glaucoma\* (1 credit)**

This course examines risk factors for glaucoma that will assist health care professionals in the early identification of this condition in general primary eye care practice. Individual risk factors are discussed, and pertinent literature is reviewed to provide insight into how certain factors can indicate an increased risk and alert you to the presence of this disorder.



### **Treatment Options for Ocular Anterior Surface Disease\* (1 credit)**

Dry eye syndrome affects nearly 16 million Americans and can be a common and chronic problem for adults, especially for those of advanced age, causing symptoms that interfere with eye comfort, function and quality of life. This activity will examine the multiple parts of eye anatomy whose dysfunction may contribute to dry eye syndrome, including the tear film, ocular anterior surface and Meibomian gland, and identify complications that can result when dry eye is left untreated.

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